



Now Intermountain Healthcare

Community Benefit Annual Report



As part of our commitment to Jefferson County and Colorado, Lutheran Medical Center addresses the most critical needs of the communities we serve with a mission of helping people live the healthiest lives possible. We were founded to address health priorities, and through strong community collaborations and thoughtful assessment of needs, we continue that work today.

Lutheran Medical Center Sees Food as a Crucial Part of Healthcare

As Lutheran Medical Center advances our community health efforts, we are moving upstream to prevent the most prevalent health issues in our communities and not only treat health issues after they occur. This is illustrated by our efforts to address nutrition security, or the ability to access sufficient, quality food, considered foundational to other medical efforts to improve an individual's health.



Lutheran Medical Center has found a recipe for success by screening patients to identify individuals who don't have access to healthy and adequate food and then connecting them to community partners who provide home deliveries until patients can independently access long-term resources and support.

In 2022 Lutheran Medical Center began expansive screening of patients for nutrition security, allowing us to identify patients with barriers to food access and quickly connect them to resources. With support from our local partner, Food Bank of the Rockies, patients who screen positive can receive weekly home deliveries of fresh and shelf-stable food free of charge. This service provides up to 52 weeks of temporary support while staff at the food bank work with patients to develop a long-term sustainable plan including enrollment in the Supplemental Nutrition Assistance Program supports and independently navigating local food banks.

Since October of 2022, 55 patients have been referred to the program and 35 are actively receiving weekly deliveries. The program outcomes include metrics for hospital readmission, improvements in management of chronic conditions, and adoption of long-term food plans for patients. Next steps are implementing a pilot in primary care offices where screening and connection to resources is more likely to impact chronic disease prevention.

2022-2024 Community Health Priorities

Every three years Lutheran Medical Center works with public health stake holders, community members and other health care providers to understand and assess the most important local health needs.

Based on the most recent assessment in 2021, Lutheran has identified the health priorities that will be the focus of community benefit efforts, programs, and collaborators for the coming three years.



Mental Health and Substance Use



Food Insecurity



Housing

Lutheran Medical Center – Community Partners 2022

- Arvada Chamber of Commerce
- Arvada Fire Department
- Arvada Police Department
- City of Arvada
- Colorado Gives Foundation
- Colorado Health Institute
- Community Language Cooperative
- Community Table
- Denver Department of Health and Environment
- Denver Public Schools Career Connect
- Edgewater Collective
- Food Bank of the Rockies
- Healthy Jeffco Alliance
- Jeffco Human Services
- Jefferson Center for Mental Health

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What is Community Benefit?

The IRS has federal requirements for nonprofit hospitals like Lutheran Medical Center to report their investments in Community Benefit activities which are programs or activities that provide treatment and/or promote health and healing as a response to community needs:

- Improve access to care
- Enhance the health of a community
- Advance medical or health knowledge
- Reduce the burden of local, state, federal government, or other community efforts

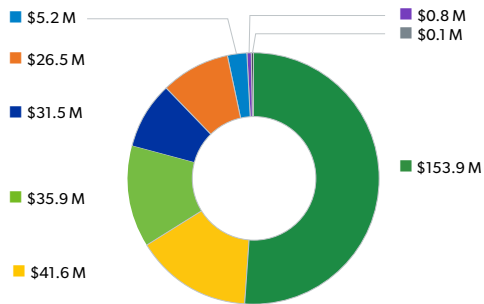
When reporting to the IRS, Community Benefit investments are organized into the following general categories:

- Unreimbursed costs for care provided to Medicaid beneficiaries
- Charity care and financial assistance for patients who are unable to pay for care
- Cash and in-kind contributions to support identified community health needs
- Health professions education, including clinical training for nursing, pharmacy, and other health professions

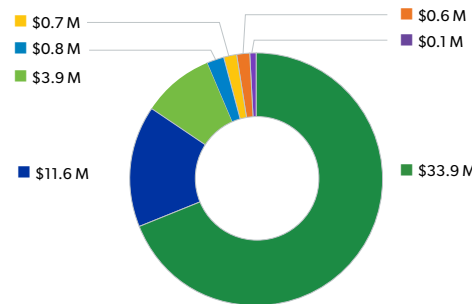
- Subsidized health services, which are services provided at a loss but without which the community's access to care would suffer
- Means-tested government programs, which includes the unreimbursed care under means-tested programs like the Children's Health Insurance Plan
- Community building activities, including participating in community coalitions to advance health and physician recruitment to maintain health care access
- Research includes studies or investigations that increase knowledge made available to the public (Note: No Research investments were reported in 2022)

2022 Community Benefit Investments

SCL Health Colorado: \$295.6 M



Lutheran Medical Center: \$51.6 M



Statewide totals include clinic contributions not reported on hospital Form 990 Schedule H.

- Unreimbursed Medicaid
- Subsidized Health Services
- Other Means Tested Government Programs
- Health Professions Education
- Cash and In-Kind Contributions
- Community Health Improvement and Community Benefit Operations
- Charity Care At Cost
- Community Building Activities

2022 By the Numbers



27

Community collaborators working alongside Lutheran Medical Center to address priority community health needs.



27

People experiencing homelessness who received medical respite services at Lutheran Medical Center.

\$521,520

Worth of equipment and supplies donated to Project Cure, which distributes medical supplies and equipment to developing countries.

75

Students who received Lutheran-funded mental health services at Crieghton Middle School as part of our commitment to prioritize mental health in the communities we serve.



Lutheran Medical Center Community Benefit Partners, 2022 (continued)

- Jeffco Homeless Navigators
- Recovery Works
- STRIDE Community Health
- Jeffco Public Library
- Red Rocks Community College
- The Action Center
- Jeffco Public Schools
- Root Policy Research
- Warren Tech
- Mountain Youth Network
- Saint Anthony Hospital
- West Pines Behavioral Health