



**Intermountain®
Healthcare**



Intermountain Healthcare Community Health Needs Assessment 2022

DETAILED FINDINGS – DELTA COMMUNITY HOSPITAL

Located in the rural community of Delta in central Utah, Delta Community Hospital, a Critical Access Hospital has 18 staffed beds and offers a broad spectrum of inpatient and outpatient medical services. In 2022, they participated in a community health needs assessment to understand how to help people live the healthiest lives possible®. This hospital participated in a collaborative, system approach to identify health indicators, gather community input, and determine the significant health needs to address over the next few years. Delta Community Hospital identified the significant health needs as: **Improve Mental Well-Being, Improve Chronic & Avoidable Health Outcomes, and Address & Invest in the Social Determinants of Health.**

What we heard from this community - participants in the community input meeting identified the following issues as key health needs in their community:

- Mental health affecting children and adults:
 - o Isolation as a result of COVID-19 changes and stress;
 - o Increase in child abuse reports due to substance use;
 - o Economic stress;
 - o Lack of providers;
 - o Language barriers among providers.
 - o Considered a top priority for community leaders;
 - o High level of motivation to remove barriers; and
 - o Unsure of amount of resources and assets to remove barriers.
 - o “Since our offices are now open, we are seeing an increase in demand for our services, absolutely. Last summer, our agency started a mobile crisis outreach team that serves the six counties here in central Utah, and we’re seeing a lot of utilization of the crisis team. Accessed a lot of calls through law enforcement, emergency rooms, different places like that. So to me, I think things are kind of worse now than it was two years ago.”
- Chronic diseases associated with unhealthy weight and behaviors affecting physical health in all ages. Barriers discussed:
 - o Lack of preventative health motivation and access;
 - o Lack of healthy coping mechanisms;
 - o Tied into mental health; and
 - o Healthcare access for Spanish speaking community.
 - o “Do you ever wonder if there’s a little bit of a waterfall effect, as far as just the mental health coming into play, not being able to cope or not knowing how to cope? I sometimes wonder if our youth really know how to cope anymore. Do they know how to actually deal with situation that come before them and how to actually process them mentally? But then when you have those issues, in my experience, diabetes and obesity, all that can come into play just within our mental and not taking care of our physical in a way that we should.”
- Nutrition and Hunger:
 - o “I have notices that a lot of the services to help people with childcare or food insecurity or housing, a lot of people don’t know where to go to find information to get those services...but my understanding is that some of those services are available and just people aren’t aware of how to access them.”

- Other community concerns include:
 - o School attendance and absences;
 - o Cost of housing, long wait lists for apartments;
 - o Intergenerational poverty; and
 - o Transportation.

- Community Strengths include:
 - o Parks and Recreation;
 - o Access to outdoors;
 - o Low crime and safe neighborhoods;
 - o Strong social connections and family life;
 - o Education; and
 - o Clean environment.

- Community Opportunities
 - o Affordable Healthcare;
 - o Affordable, safe, quality housing;
 - o Arts and Cultural Events;
 - o Childcare and afterschool programs;
 - o Transportation;
 - o Celebration around diversity-resources lists in Spanish; and
 - o Collaboration of organizations to prevent duplication of efforts.

A snapshot of health-related indicators and outcomes can be accessed through this link:

<https://ibis.health.utah.gov/ibisph-view/community/snapshot/report/AllIndicators/GeoLHD/4.html?PageName=>