Intermountain Healthcare Community Health Needs Assessment 2022

DETAILED FINDINGS – LAYTON HOSPITAL

Located in Layton, Utah, a suburb in North Davis County, Layton Hospital is Intermountain Healthcare's newest facility and has 43 staffed beds, offering a spectrum of inpatient and outpatient services. In 2022, they participated in a community health needs assessment to understand how to help people live the healthiest lives possible®. This hospital participated in a collaborative, system approach to identify health indicators, gather community input, and determine the significant health needs to address over the next few years. Layton Hospital identified the significant health needs as: **Improve Mental Well-Being, Improve Chronic & Avoidable Health Outcomes, and Address & Invest in the Social Determinants of Health.**

What we heard from this community - participants in the community input meeting identified the following issues as key health needs in their community, specifically in the context of equity:

• People are unfamiliar with what is different since this community is so homogenous
  o Religious discrimination
  o Feeling discrimination if not from Utah
  o Considerations around senior centers where dominant religion is "preferred"

• Socioeconomic inequities
  o See lack of accessibility to resources – when you don't have your basics it is hard to go above and beyond.
  o Distrust with government or local agencies
  o Limited public transportation options
  o Healthcare costs and making choices not to seek care
  o Examples of what are we doing for people without digital access to receive access to care – COVID testing, etc. need a phone to access QR code, screening.
  o Denied services due to not having digital resources

• Housing
  o Nowhere to send homeless individuals, resource desert
  o Rising cost of mortgages and rent, too many people paying 50% of income for housing
  o Tough choices, do I pay my mortgage or my prescriptions? Which do I prioritize?
  o Even less available for those who need affordable AND accessible housing, more and more
  o seniors are in disability housing, young people with physical disabilities – less housing
  o Landlords increasing rents so even housing voucher won't cover the cost of housing
  o Finding double and triple families in houses – too many people in one location to be sustainable or healthy
  o Gentrification/mobile park closure in Layton, not an affordable swap

• Lack of understanding, especially of unknown (not necessarily ignorant)
  o LGBTQ+ support
  o Need safe places to speak or work through understanding along with educate
  o Challenge of media polarization

o It is often easier to build boards or decision-making groups of similar people, lack of representation
o Education - People don't see or believe that we have a problem. People experiencing the problem don't know where to turn for help, we might not be the right person to do the educating (need to find and employ the right ones)
o Community can't agree on what inequities are – they look different to different people and something triggers a person's thoughts toward inequity
o People with positions of power and what they chose to do/or not to do
o Takes more effort to address inequities
o History and precedence - "easier to keep status quo"
o Limited resources so equity efforts don't get prioritized

A snapshot of health-related indicators and outcomes can be accessed through this link:
https://ibis.health.utah.gov/ibisph-view/community/snapshot/report/AllIndicators/GeoLHD/4.html?PageName=