



Intermountain<sup>®</sup>  
Healthcare



**Intermountain Healthcare Community Health Needs Assessment 2022**

## DETAILED FINDINGS – PARK CITY HOSPITAL

Located in the rural community of Park City, Utah, Park City Hospital has 37 staffed beds and offers a broad spectrum of inpatient and outpatient medical services. In 2022, they participated in a community health needs assessment to understand how to help people live the healthiest lives possible®. This hospital participated in a collaborative, system approach to identify health indicators, gather community input, and determine the significant health needs to address over the next few years. Park City Hospital identified the significant health needs as: **Improve Mental Well-Being, Improve Chronic & Avoidable Health Outcomes, and Address & Invest in the Social Determinants of Health.**

What we heard from this community - participants in the community input meeting identified the following issues as key health needs in their community:

- Mental health affecting children and adults:
  - o Adverse childhood experiences and trauma;
  - o Suicide;
  - o Providers and clinicians unable to afford housing;
  - o Considered a top priority for community leaders;
  - o High motivation to remove barriers; and
  - o Lack of resources and assets to remove barriers.
  - o “I’m really curious about why we’re not asking questions about trauma and violence and abuse because adverse childhood experiences and violence and abuse really weave this traumatic thread through people’s lifespans. And it can cause a lot of the complexities, especially when it comes to mental health. Many people who’ve been impacted by trauma and abuse, utilize substances to cope with that.”
- Drugs and alcohol use and misuse:
  - o Misuse and stigma in Latinx community;
  - o Lack of Spanish speaking clinicians to meet demand;
  - o “Many people don’t think that our Latinx population are using as much, but there is a huge alcohol and drug problem with our Latinx population in our county too.”
- Chronic diseases associated with unhealthy weight and behaviors affecting physical health in all ages.  
Barriers discussed:
  - o Obesity;
  - o Diabetes; and
  - o Undocumented residents have lack of access to health care.
  - o “A population that is still not doing screenings, whether it be diabetes, blood pressure, cancer screenings, just because of their undocumented status, they don’t have access to healthcare.”
- Other community concerns include:
  - o Low COVID-19 vaccination rate in lower-income communities;
  - o Cost of housing; and
  - o Services for Spanish speaking populations.

- Community Strengths include:
  - o Education;
  - o Access to outdoor recreation;
  - o Parks and Recreation;
  - o Clean environments;
  - o Strong social connections; and
  - o Low crime, safe neighborhoods.
  
- Community Opportunities
  - o Affordable, safe quality housing;
  - o Engaging Intermountain in policy work; and
  - o Connecting to Latinx voices.

A snapshot of health-related indicators and outcomes can be accessed through this link:

<https://ibis.health.utah.gov/ibisph-view/community/snapshot/report/AllIndicators/GeoLHD/4.html?PageName=>