

St. Vincent Regional Hospital

Community Benefit Annual Report



As part of our commitment to Billings and the State of Montana, St. Vincent Regional Hospital improves the health of the communities we serve, especially the poor and vulnerable. Our founders, the Sisters of Charity of Leavenworth, developed innovative ways to provide healthcare in their communities more than 150 years ago. Through a comprehensive assessment of community needs and strong local collaborations, we strive to continue that work today.

Innovative Approaches Increase Access to Behavioral Health Care

To improve access to behavioral health care and prevent crisis events, St. Vincent is offering services through Intermountain Health's Telecrisis Carts. The mobile, high-definition technology implemented this year connects patients directly from their rooms to specialty providers who consult with local clinicians. The service is also being used in non-Intermountain hospitals throughout Montana. In total the carts provided services for 826 crisis and psychiatry visits from January to August at the hospital.

Additionally, patients are regularly screened for behavioral health needs at primary care clinics and embedded specialists consult when needed. This integrated model takes a whole-person approach to care.

St. Vincent is also addressing suicide prevention with trainings and resources. Firearms are the leading method of death by suicide in Montana, which has been among the nation's highest suicide rates for three decades. To put time and space between a person in crisis and lethal means, Intermountain distributes free gunlocks at community events and when treating patients experiencing suicidal ideation. Organizations and community members can request gunlocks or access suicide prevention training including, Question, Persuade, Refer (QPR) and Counseling on Access to Lethal Means (CALM) on the [Intermountain website](#).



St. Vincent is distributing free gunlocks, education, and local mental health resources as part of its strategies to address suicide prevention.

2024-2026 Community Health Significant Health Needs

Every three years St. Vincent Regional Hospital works with public health stakeholders, community members, and other healthcare providers to understand and assess the most important local health needs.

Based on the most recent assessment in 2023, St. Vincent identified the significant health needs that will be the focus of the Implementation Strategy and the Community Benefit programs:

-  Access to Healthcare
-  Behavioral Health
-  Nutrition, Physical Activity, Healthy Weight
-  Injury and Violence Prevention

St. Vincent Regional Hospital – 2023 Community Collaborators

- Adult & Teen Challenge Pacific Northwest
- Adult Resource Alliance
- Age Friendly Billings Coalition
- Alzheimer's Association
- American Cancer Society
- American Foundation for Suicide Prevention
- AmeriCorp Seniors Foster Grandparent Program
- Angela's Piazza
- Better Billings Foundation
- Big Sky Senior Services
- Billings Breastfeeding Coalition
- Billings Catholic Schools
- Billings Chamber of Commerce
- Billings Christian School
- Billings Clinic
- Billings Family YMCA
- Billings Food Bank
- Boys and Girls Clubs of Yellowstone County and Lewistown
- CASA (Court Appointed Special Advocates) of Yellowstone County
- Chase Hawks
- Community Crisis Center
- Community Leadership & Development, Inc. (CLDI)
- Continuum of Care Coalition
- Dementia Friendly Billings Coalition
- Dress for Success
- Eagle Mount
- Education Foundation for Billings Public Schools
- Family Promise
- Family Services Inc.
- Family Tree Nurturing Center
- Gallatin Valley YMCA
- Gratitude in Action
- Habitat for Humanity
- Healthy By Design
- Healthy Mothers Healthy Babies
- Horses Spirits Healing
- Montana Area Health Education Center (AHEC)
- Montana Health Professionals for a Healthy Climate
- Montana School Counselors
- Montana State University Billings
- MS (Multiple Sclerosis) Society
- NAMI (National Alliance on Mental Illness)

What is Community Benefit?

Community Benefit is integral to the mission of Catholic and other not-for-profit hospitals. It is an extension of our 'historic mission to the communities' especially the vulnerable and disenfranchised. The Internal Revenue Service (IRS) has federal requirements for not-for-profit hospitals to report their investments in Community Benefit activities, which are programs or activities that provide treatment and/or promote health and healing as a response to community needs:

- Improve access to care
- Enhance the health of a community
- Advance medical or health knowledge
- Reduce the burden of health care on local, state, federal government, or other community efforts

When reporting to the IRS, Community Benefit investments are organized into the following general categories:

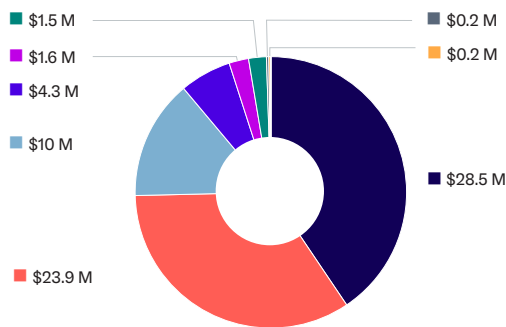
- Unreimbursed costs for care provided to Medicaid beneficiaries

- Charity care and financial assistance for patients who are unable to pay for care
- Cash and in-kind contributions to support identified community health needs
- Health professions education, including clinical training for nursing, pharmacy, and other health professions
- Subsidized health services, which are services provided at a loss but without which the community's access to care would suffer

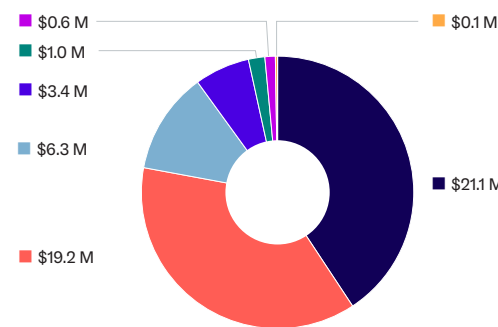
- Means-tested government programs, which includes the unreimbursed care under means-tested programs like the Children's Health Insurance Plan
- Community health improvement services, including health screenings and community health education
- Community building activities, including economic development efforts and other community supports

2023 Community Benefit Investments

Intermountain Montana: \$70.2 Million



St. Vincent Regional Hospital: \$51.7 Million



- Subsidized Health Services
- Cash and In-Kind Contributions
- Financial Assistance at Cost
- Unreimbursed Medicaid
- Health Professions Education
- Community Health Improvement and Community-Benefit Operations
- Other Means-Tested Government Programs
- Community Building Activities

Significant Health Needs - By the Numbers



Access to Healthcare:

3,453 mobile screening mammograms at **60** locations including **528** screenings with Indian Health Service on the Crow and Northern Cheyenne reservations.



Behavioral Health:

4,555 in-person, telephonic, and virtual visits with integrated behavioral health specialists at primary care clinics.



Nutrition, Physical Activity, Healthy Weight:

115 individuals enrolled in the Diabetes and Heart Disease Prevention Programs lost a total of **640** pounds.



Injury and Violence Prevention:

1,626 local high school students participated in Stop the Bleed sessions.

St. Vincent Healthcare – 2023 Community Collaborators (continued)

- National Association of Social Workers MT/WY Chapters
- Native American Development Corporation
- Pack the Place in Pink
- Project Stand
- PEAK (Providing Enhanced Activities for Kids)
- Ramsey Keller Foundation
- Rimrock
- RiverStone Health
- Rocky Mountain College
- Salvation Army
- School District 2 Billings
- Shodair
- Special K Ranch
- Special Olympics Montana
- St. John's United
- Substance Abuse Connect Coalition
- Suicide Prevention Coalition of Yellowstone Valley
- The Rehabilitation Hospital of Montana
- Thrive
- Trailnet
- United Way of Yellowstone County
- Yellowstone County DUI (Driving Under the Influence) Task Force
- YES (Yellowstone County's Extra Special) Kids
- YWCA Billings
- Walla Walla University Billings Mental Health Clinic
- Zoo Montana