

Cleaning Your Workspace

Protect yourself and others from COVID-19 at work

Intermountain Healthcare is committed to protecting caregivers and their families. As you return to work, these simple steps will help you to keep your workspace clean.

Every day during your shift, perform the cleaning recommendations below.



YOU AND YOUR WORKSTATION

- Clean and disinfect your workstation daily. (Use gloves if you're working in a clinical area.) When complete, remove your gloves (if wearing) and wash your hands or use hand sanitizer. Follow the directions on the wipe container to ensure the proper contact /disinfectant time.
- Wash hands frequently throughout the day.
- Wear a mask or cloth face covering and maintain social distancing (6 feet) while working and on lunch breaks.



DESK, COUNTER, COMPUTER, CHAIR

- Clean and disinfect frequently-touched surfaces at your workstation. Follow the directions on the wipe container to ensure the proper contact /disinfectant time.
- When you bring your laptop from home, clean and disinfect it before using.



PHONE

- Clean and disinfect the contact surfaces on your phone with disinfectant wipes daily. Follow the directions on the wipe container to ensure the proper contact /disinfectant time.
- For the LCD screen, use hydrogen peroxide cleaning wipes or PDI Easy Screen wipes.



KEYBOARD

- Clean and disinfect all keyboards with disinfectant wipes daily. Follow the directions on the wipe container to ensure the proper contact/disinfectant time.
- Do not wear gloves when using a keyboard. Wash your hands or use hand sanitizer frequently.



MOUSE

- Clean and disinfect your mouse with disinfectant wipes daily. Follow the directions on the wipe container to ensure the proper contact /disinfectant time.