

At-home lab draws

Intermountain offers at-home lab services, allowing patients to get their labs drawn at home. Tests are ordered individually. See the on-demand website to order.

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General health and wellness tests

Complete Blood Count (CBC)

The CBC screens for blood disorders, anemia, infection, and many other diseases. It measures red blood cells, white blood cells, platelets, and hemoglobin.

Cost: \$20

Comprehensive Metabolic Panel (CMP)

The CMP screens for abnormalities in glucose, electrolytes, calcium, kidney function, and liver function. It measures albumin, alkaline phosphatase, alanine transaminase (ALT), aspartate transferase (AST), total bilirubin, blood urea nitrogen (BUN), calcium, chloride, carbon dioxide (CO2), creatinine, glucose, potassium, sodium, and total protein. Estimated GFR and anion gap calculations are also reported.

Cost: \$30

Lipid Panel

The lipid panel screens for risk factors for heart disease. It measures total cholesterol, HDL cholesterol ("good cholesterol"), LDL cholesterol ("bad cholesterol"), and triglycerides, as recommended by the National Cholesterol Education Program.

Cost: \$25

Urinalysis

A urinalysis checks your urine (pee) for abnormalities that may indicate kidney disease, urinary tract infection, diabetes, or other conditions.

Cost: \$15

Vitamin D

This test will show if you have enough 25-hydroxy vitamin D in your body. Vitamin D is important for healthy bones and teeth and for proper function of muscles, nerves, and the immune system.

Cost: \$40

Thyroid health

Thyroid Stimulating Hormone (TSH)

This test screens for abnormalities of thyroid function in thyroid stimulating hormone (TSH), which may indicate inadequate (poor) or excessive (too much) thyroid function. TSH is also used to monitor treatment with levothyroxine.



Thyroid Screen (TSH) with reflex to Free T4

This test screens for abnormalities of thyroid function in thyroid stimulating hormone (TSH). In cases when TSH is abnormal, Free T4 helps identify whether thyroid function is inadequate (poor) or excessive (too much).

Cost: \$35

Diabetes diagnosis and control

Glucose

Glucose (blood sugar) screens for diabetes and prediabetes. It measures the amount of glucose in the blood at the time of the blood draw.

Cost: \$15

A₁C

A1C, or hemoglobin A1c test, shows the average blood glucose level for the past 3 months. It is used as a screening test for diabetes and prediabetes. It also monitors adequacy of treatment for diabetes.

Cost: \$25

Microalbumin/Creatinine Ratio, Urine (ACR)

The microalbumin/creatinine ratio urine test screens for diabetes-related kidney disease to enable early treatment. This measure is sometimes also called the albumin/creatinine ratio.

Cost: \$20

Women's health

Follicle Stimulating Hormone (FSH)

This test will show how much follicle stimulating hormone (FSH) is in your body. FSH plays a key role in ovulation and regulation of the menstrual cycle in females.

Cost: \$35

Estradiol

This test shows how much estradiol you have in your body. Estradiol, also called E2, is the main form of estrogen in nonpregnant females of childbearing age and is important for fertility.



Luteinizing Hormone (LH)

This test shows how much luteinizing hormone (LH) you have in your body. LH is a hormone produced by the pituitary gland that regulates the menstrual cycle, ovulation, and testosterone production.

Cost: \$35

Progesterone

This test shows how much progesterone you have in your body. Progesterone is a hormone made by the ovaries and plays a role in fertility in women.

Cost: \$35

Pregnancy Test (Blood)

This test detects human chorionic gonadotropin (hCG) in blood, usually an indication of pregnancy. In pregnancy, hCG may be detectable in blood earlier than in urine.

Cost: \$25

Men's health

Prostate-Specific Antigen (PSA)

A PSA test checks for problems in the prostate, including cancer and benign prostatic hypertrophy.

Cost: \$30

Testosterone (males)

This test checks the levels of testosterone in the body. Testosterone is involved in the regulation of bone mass, fat distribution, muscle mass, strength, libido, and the production of red blood cells and sperm.

Cost: \$40

Anemia

Complete Blood Count (CBC)

The CBC screens for blood disorders, anemia, infection, and many other diseases. It measures red blood cells, white blood cells, platelets, and hemoglobin.



Iron Panel

The iron panel screens for abnormalities in iron levels or liver function. It measures total iron, total iron binding capacity (TIBC), and percent saturation.

Cost: \$45

Ferritin

A ferritin test shows if you have too much or too little iron in your body.

Cost: \$20

Folate

This test screens for folate deficiency. Folate is an important vitamin needed to produce healthy red blood cells and to prevent neural tube defects during pregnancy. It is often tested along with vitamin B12.

Cost: \$20

Vitamin B12

This test screens for vitamin B12 deficiency. Vitamin B12, also called cobalamin, is necessary for production of red blood cells and for proper functioning of the nervous system, including the brain.

Cost: \$25

Cancer screening

Colon cancer screening kit (FIT)

A FIT screen for colorectal cancer detects blood in the stool (poop), which may be an indicator of colon cancer or precancerous growths.

See the on-demand colon cancer screening website to order a FIT test.

Prostate-Specific Antigen (PSA)

A PSA test checks for problems in the prostate, including cancer and benign prostatic hypertrophy.

Cost: \$30

Immunity

Measles, Mumps, and Rubella (MMR) Immunity Panel

This test is used to verify immunity to measles, mumps, and rubella (German measles).



Inflammation

C-Reactive Protein (CRP), Inflammation

CRP screens for inflammation associated with autoimmune diseases, bacterial infections, viral infections, and other inflammatory disorders.

Cost: \$30

Uric Acid

This test screens for high uric acid levels which may indicate the presence of or risk for gout.

Cost: \$15

Other

Blood Type (ABO/Rh)

This test identifies the ABO blood group and Rh factor type for general information.

Cost: \$25

Magnesium

This test shows if you have too much or too little magnesium in your blood. Magnesium is an essential element in all living cells and may also be useful in the evaluation of abnormal calcium or potassium levels.